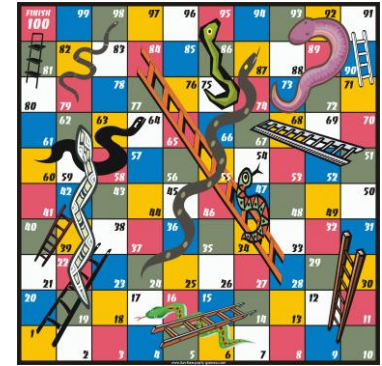


## Nursery Starters 2020/2021

Personal, Social and Emotional Development (PSED) involves:

- Develop a positive sense of themselves, and others; to form positive relationships
- Develop respect for others & to develop social skills
- Learn how to manage their feelings;
- To understand appropriate behaviour in groups
- To have confidence in their own abilities.



Your child's PSED is as important as developing their physical and communication skills.

Below are activities for you to support your child's personal, social and emotional development.

We look forward to learning more about what makes your child special, please send in any photographs, videos or feedback about these activities to our Nursery teachers.

Email: [Nursery@richmond.pri.southend.sch.uk](mailto:Nursery@richmond.pri.southend.sch.uk)



Walk past the school so your child can visualise where they will be going and how they might travel to school.



Talk to your child about any worries or excitement they may be feeling about starting school. Use puppets or toy characters to play and imagine what going to school may be like. This may encourage your child to express themselves more freely.



Can you draw a self-portrait? What colours do you need to use for your features? What makes you special?



## Personal, Social and Emotional Development



Photograph or draw 3 of your favourite things.

### Useful Links

Starting School, by Janet Ahlberg and Allan Ahlberg:

<https://www.youtube.com/watch?v=1zQivaCXu-Q&t=17s>

My first day at school game:

<https://www.bbc.co.uk/bitesize/topics/zhtcvk7/articles/znc9vk7>

Topsy and Tim's first day at school:

<https://www.bbc.co.uk/cbeebies/watch/topsy-and-tim-first-day-at-school?collection=starting-school-curation>

Play a board game and other activities that involve turn taking and sharing.

